

8 Exercise.

9 A. Match the following :-

10 1 Eyes - Smelling

11 2 Nose - See

12 3 Ears - Air bags

1 4 Lungs - Hearing

2 5 Heart - Thinking

3 6 Brain - Lub-Dub sound

4

B. Say true or false.

1. Bones are hard and strong. ()
2. Our nose helps to taste food. ()
3. The skin help us to feel things. ()
4. Our body is a wonderful machine. ()
5. The brain is external organ. ()

8 Topic :-

My Body.

9

10

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Our body is a wonderful machine.
It has many parts. There are
two types of organs :-

1. Internal organs
2. External organs

1

2

3

⇒ The parts inside our body are
called internal organs. The
brain, heart, lungs, kidneys,
stomach, muscles and bones
are some important internal
organs.

8 C. Answer these questions.

9
10 1. Name the internal organs
of our body.

11
12 2. Name the external organs
of our body.

1
2 3. What is the main function
of the brain.

3
4 D. Draw the pictures of
5 Lungs, Heart, and Eyes.

⇒ The organs that we can see from outside are called external organs. We have five sense organs - Eyes, Nose, Ears, Tongue and Skin.

Stay fit And Healthy.

We should:-

- Eat breakfast everyday.
- Eat all our meals on time.
- Drink clean water.
- Exercise everyday.

Answer Key.

A. Match the following.

- | | | | |
|---|-------|---|---------------|
| 1 | Eyes | - | See |
| 2 | Nose | - | Smelling |
| 3 | Ears | - | Hearing |
| 4 | Lungs | - | Air bags |
| 5 | Heart | - | lub-Dub sound |
| 6 | Brain | - | Thinking |

B. Say true or false.

- 1 True
- 2 False
- 3 True
- 4 True
- 5 False

C. Answer these questions.

1. The internal organs of our body is the brain, heart, lungs, kidneys, stomach and muscles and bones.

2) The external organs of our body is eyes, nose, ears, tongue and skin.

3) The main function of the brain is think and remember.

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