

## Class 6

# Science

## Chapter 1: Food Where Does It Come From?

The component that we consume, which provides nourishment to the body, is called food.

E.g., Rice, chapati, curry, fruits, vegetables, cheese, bread, milk, curd, butter, etc.

**Ingredients** The components or materials required to prepare a food item are called as ingredients.

E.g., different types of vegetables, spices are ingredients for sambar .

**Food Materials and Sources**

**Food Items**

We eat different food items every day.

Each of these food items requires ingredients to make them.

E.g., Chicken curry is made with chicken, spices, oil/ghee and water.

**Food Sources**

The ingredients of a food item can be obtained from either plants or animals.

So there are plant products and animal products.

E.g., We get rice grains from rice plants.

Chicken is an animal source of food.

Items like salt and water make a third category.

**Plant Parts and Animal Products as Food**

**Plant Products**

The food products that we get from plants are called as the plant products.

E.g., ginger is the root of a plant that we use in cooking.

**Animal Products**

The food products that we get from animals are called animal products.

E.g. Milk, butter, chicken, meat, honey etc.

What Do Animals Eat?

Food Habits

The method of eating or choices of food followed by living organisms is called as food habit.

E.g. a rabbit eats grass or plant-based food.

**Herbivores**

Animals which feed on plants are called herbivores.

E.g., cow, goat etc.

**Carnivores**

Animals which feed on other animals are called carnivores.

E.g., lion, tiger etc

**Omnivores**

Animals which feed on both plants and other animals are called omnivores.

E.g., bears. They feed on flesh as well as honey

**Q1. Define the following terms with suitable example –**

**(a) Herbivores**

**(b) Carnivores**

**(c) Omnivores**

**(d) Ingredients**

**Q.2 Label the parts of plant -**

**Q.3 Fill in the blanks -**

1. A small white structure that comes out of the seeds is called .....

2. Bees collect ..... from flowers and convert it into .....

3. Dog eats plant and animal products so, is called .....

**Q.4 Write true and false against each Statement Answer -**

(i) Milk and meat are animal products.

(ii) All living beings need same kind of food

(iii) Lions and Tigers are herbivores.

(iv) Leaves and seeds of mustard plant used as food items.